

Braswell Baseball Risk Mitigation Plan

Screening

- Coaches will self-screen / temp check each day before arrival
- Athletes will self- screen / temp check before arrival.
- Coaches will also screen / temp check athletes prior to entering the fieldhouse.
- We also ask that parents screen at home and keep the student home if covid symptoms exist.
- We will have digital non-touch thermometers on hand in case a student is not feeling well
- Players MUST fill out a Google Form that is a self-screen check. Form will be posted in SportsYou.

Entry

- No one is permitted to enter athletic areas without a face covering.
- Coaches will designate an entry and exit plan that will promote smooth transitions.
- Hand sanitizer is required upon entry.

Locker Room

- Face coverings are **required** while inside all athletic areas.
- Locker assignments will promote spacing. Every student will have their own locker. We will give more information about this as we have things finalized.
- Locker rooms, equipment inside the lockers, and restroom areas will be sanitized at the conclusion of the athletic period as well as after school practices.
- Players are expected to take their clothes and mask home each day to wash them.
- Baseball equipment will be taken home daily.
- Coaches will monitor locker rooms to ensure players are masked.
- Hand Sanitizer will be available in each locker room.

Restrooms / Showers

- The number of athletes in the restroom at a time to allow for physical distancing.
- Washing hands upon exit is required.
- Showers will not be available after practice. Players will go straight home.

Weight Room

- We will sanitize the weight room before and after each use.
- Hand sanitizer will be available throughout the weight room.
- Physical distancing will always be enforced.
- Face coverings are required when not actively working out.

Practice Protocol

- Face coverings are required at practice. They will be worn when the player is not actively in a drill.
- Gaiters (Face Coverings that can be worn around the neck when not on) are strongly encouraged. We will have those to purchase when we are back on campus. \$10 per gaiter. If you'd like more than one, we can most likely make that work.
- In the event a player is not in a drill and needs to catch his/her breath they will be required to physical distance.
- No high fives etc. Physical distancing or masking will be enforced all the time
- Players need to be masked any time in the dugout around other players.

Hydration

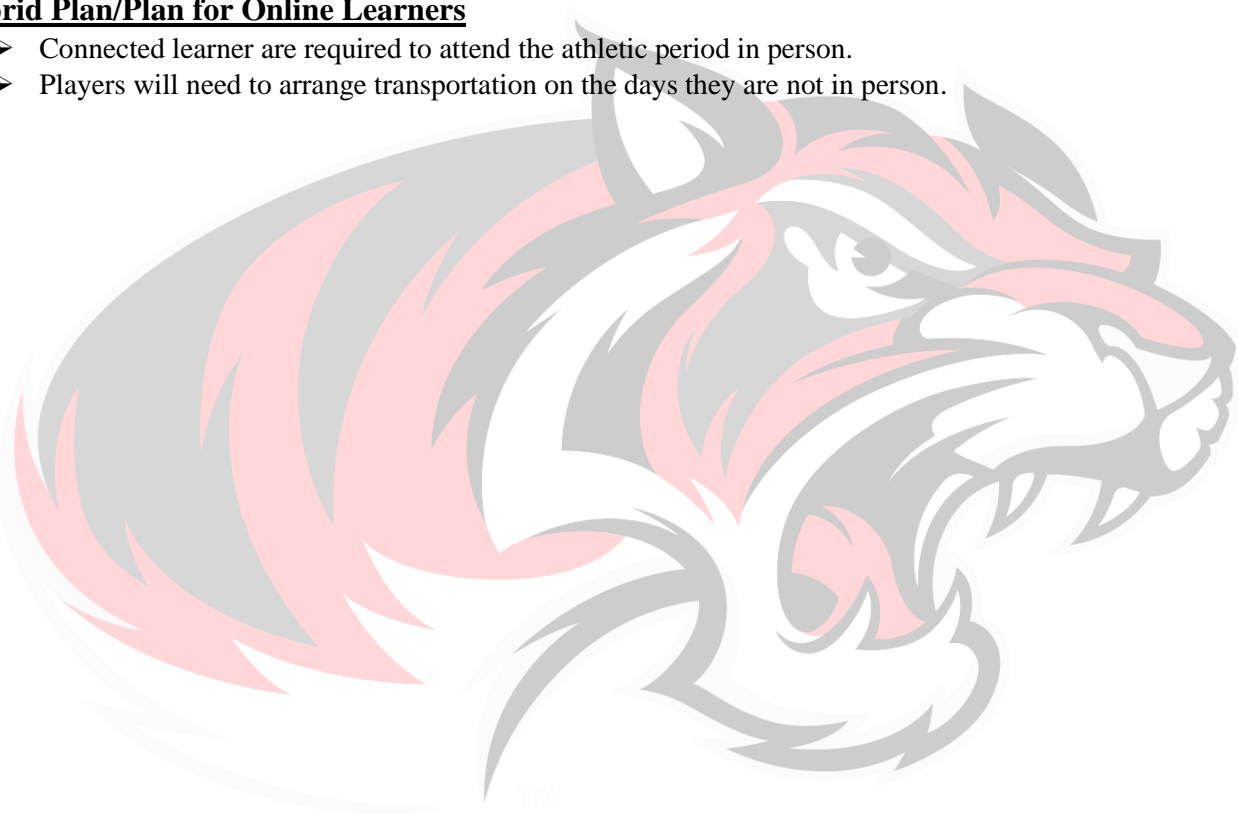
- Water will not be shared
- Water fountains in the athletic areas are off limits unless using the water bottle feature
- Every player is **required** to bring their own water jug each day.
- Coaches will have a plan for those that forget
- Physical distancing will be enforced during breaks
- We will have a touchless water refill station to refill water jugs during practice.

Exit

- Hand sanitizer is required upon exit.
- Every player will need to have a ride upon the conclusion of practice.
- Players will not be able to linger inside or outside the building.

Hybrid Plan/Plan for Online Learners

- Connected learner are required to attend the athletic period in person.
- Players will need to arrange transportation on the days they are not in person.



Individuals Confirmed or Suspected with COVID-19

1. Any individuals who themselves either: (a) are lab-confirmed to have COVID-19; or (b) experience the symptoms of COVID-19 (listed below) must stay at home throughout the infection period, and cannot return to campus until the school system screens the individual to determine any of the below conditions for campus re-entry have been met:
 - In the case of an individual who was diagnosed with COVID-19, the individual may return to school when all three of the following criteria are met:
 - at least one day (24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications);
 - the individual has improvement in symptoms (e.g., cough, shortness of breath); and
 - at least ten days have passed since symptoms first appeared.

- In the case of an individual who has symptoms that could be COVID-19 and who is not evaluated by a medical professional or tested for COVID-19, such individual is assumed to have COVID-19, and the individual may not return to the campus until the individual has completed the same three-step set of criteria listed above.
- In addition to the criteria and processes described above, a student who has been diagnosed with COVID-19 must receive clearance from a physician prior to returning to participation in UIL activities.

COVID-19 Symptoms

In evaluating whether an individual has symptoms consistent with COVID-19, consider the following question:

Have they recently begun experiencing any of the following in a way that is not normal for them?

- Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
- Loss of taste or smell
- Cough
- Difficulty breathing
- Shortness of breath
- Fatigue
- Headache
- Chills
- Sore throat
- Congestion or runny nose
- Shaking or exaggerated shivering
- Significant muscle pain or ache
- Diarrhea
- Nausea or vomiting

